

# Leptospirosis in Zakarpattia Oblast (2005–2015)

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## Abstract

**Background:** Leptospirosis occurs sporadically and as outbreaks throughout Ukraine and is a nationally reportable disease. Zakarpattia oblast, in the southwestern region of the country, is endemic for disease. This study examines changes in epidemic patterns from 2005 to 2015.

**Materials and Methods:** Suspected cases from health care services were identified based on clinical presentation and serological samples were collected. Patient sera were tested by microscopic agglutination test (MAT) against serovars of *Leptospira* spp. belonging to 13 serogroups. Small mammals were also collected, sampled, and tested near locations of suspected exposures. Changes in leptospirosis incidence in Zakarpattia oblast were characterized over an 11-year period.

**Results:** A total of 420/2079 possible human cases were identified as having leptospirosis and 401/420 were confirmed by MAT. There was no annual trend in prevalence. Incidence increased from 2005 to 2009, peaked in 2010 (6.24 cases/100,000), and by 2015, there were only sporadic cases (0.88/100,000). The predominant serogroups were Icterohaemorrhagiae, Hebdomadis, and Grippotyphosa of *Leptospira* spp. The dominant serogroups shifted during the study from predominantly Icterohaemorrhagiae to Grippotyphosa in later years. A total of 2820 small mammals were assayed for *Leptospira* spp. *Apodemus agrarius*, *Rattus norvegicus*, and *Mus musculus* were the most common species sampled (76.1% of all captures). Among small mammals, antibodies were found mostly for Icterohaemorrhagiae, Pomona, and Grippotyphosa serogroups, and were detected in 276 samples (9.79% ± 0.56%). The dominant serogroups of *Leptospira* spp. isolated from mammals and patients changed cyclically, but the common human serogroups tended to differ from that seen in the concurrent mammal populations.

**Conclusions:** Patients with leptospirosis in this endemic region decreased more than fivefold during the past decade. *Leptospira* infections in small mammals remained common across multiple species ranging from 5% to 14%.

**Keywords:** leptospirosis, rodents, diagnostics, epidemiology, Ukraine

## Introduction

LEPTOSPIROSIS, A DISEASE CAUSED BY bacterial infection with various pathogenic serovars from genus *Leptospira*, occurs globally in numerous environments, typically associated with rural and agricultural populations (Vinetz 2001). However, infection can also occur among urban poor when large populations of synanthropic species serve as reservoirs (Vinetz et al. 1996). The disease, if recognized early, is treatable with antibiotics. However, the diverse range of signs and symptoms makes it challenging to diagnose. In addition,

laboratory diagnostics are oftentimes unavailable at the level of community-based services. Diagnostic methods include PCR, which is common for early diagnosis of leptospirosis (Vinetz et al. 1996), and serological tests such as microscopic agglutination test (MAT) (Vinetz 2001).

In various regions of the world, leptospirosis does not require national mandatory reporting. For example, in Canada and the European Economic Area (EAA) countries, notification is not required (European Centre for Disease Prevention and Control 2007). In the United States, leptospirosis was reinstated as a nationally notifiable disease since January

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2013 (Centers for Disease Control and Prevention (CDC) 2018). Ukraine has maintained active monitoring of the disease, recognizing that it remains an occupational disease for groups that contact animals that can serve as sources of the bacteria, as well as human populations that come into contact with synanthropic small mammals. As such, the information provides useful data on the temporal trends of disease in human populations at risk for spillover of zoonotic pathogens.

## Materials and Methods

### Study area

The study is a summary of data about trends and changes in *Leptospira* infection during 11 years in Zakarpattia oblast, a region of Western Ukraine, where the disease is endemic. Zakarpattia oblast is located on the western boundary of Ukraine with Romania, Hungary, Poland, and Slovakia. The Carpathian Mountains cover almost two-thirds of the region, while the rest is lowlands. The region is predominantly (63%) rural, with more than half covered by forests, and the climate is moderately continental. Zakarpattia includes regions with foci for leptospirosis, the most commonly reported disease, as well as other zoonotic diseases, including hemorrhagic fevers and Lyme borreliosis.

### Human data

Suspected human cases were identified at local health care facilities based on clinical signs and symptoms as well as histories of potential animal exposures. Sera from patients suspected of leptospirosis were collected throughout the oblast and tested at the Especially Dangerous Infections (EDIs) Laboratory of Zakarpattia Oblast Laboratory Center of the State Sanitary and Epidemiological Service (SSES) of Ukraine (currently named the Zakarpattia Oblast Laboratory Center of the Ministry of Health of Ukraine). This is the unique laboratory in the oblast authorized to perform these tests. Results were reported to the health care facilities; positive results were reported to SSES rayon (subterritorial) institutions for follow-up epidemiological investigation, and the Ministry of Health was notified.

Paired sera were screened initially at 1:5 and 1:50 dilutions. In case of positive reaction at these titers, we diluted the serum to 1:10, 1:100, 1:200, and less (the method is described in the Methodological Recommendations 9.1.1.098-02 Anti-Epidemic Measures and Laboratory Diagnostics of Leptospirosis approved by the Decree of the Chief State Sanitary Doctor of Ukraine No. 39 of 11 December 2002 [Methodological Recommendations 2002]). For negative control, we mixed physiological solution and *Leptospira* in equal volumes. Antibody titers of 1:100 were considered positives in combination with clinical and epidemiological data of the case. Fourfold increase of antibody titers in paired sera was a doubtless proof of an acute infection. MAT was performed against 13 *Leptospira* spp. serovars that were available in EDI Laboratory of Zakarpattia Oblast Laboratory Center of the SSES to identify the presumptive serogroup of infective serovar (Table 1).

### Mammal data

Small mammals were collected as part of active case surveillance in follow-up to human cases as well as part of ongoing surveillance of wild animal sources of infection in areas that historically had been identified as leptospirosis foci near population centers. A diverse array of habitats (farmland, forest, shrubs, perennial grasses, and population centers) and landscapes and geographical zones of the oblast—mountain, foothill, and lowland—were surveyed.

Wild terrestrial mammals were collected with small snap traps used for “mouse-sized” mammals, while larger snap traps were used for “rat-sized” mammals. If animals were found alive in traps, to comply with bioethics requirements, euthanasia was performed according to national standards. Captured animals were transported to the EDI laboratory for testing to determine blood antibodies with MAT in the same way as it was described for human samples, except there was only a single sample from each animal. During rodent necropsy, we collected blood from heart cavity on filtration paper 1 × 1 cm, dried them out, and prepared “dry blood drops.” We extracted the “dry blood drop” in 0.5 mL of physiological solution (dilution 1:10) to prepare next dilutions.

TABLE 1. PANEL OF LEPTOSPIRA REFERENCE STRAINS USED IN THE MICROSCOPIC AGGLUTINATION TEST, ACCORDING TO THE RESPECTIVE SEROVARS AND SEROGRUUPS (METHODOLOGICAL RECOMMENDATIONS 2002)

Nr.	Serogroup	Serovar	Reference strain
1	Icterohaemorrhagiae	Copenhageni	M-20
2	Grippotyphosa	Grippotyphosa	Moskva V
3	Pomona	Pomona	Pomona
4	Canicola	Canicola	Hond-Utrecht IV
5	Tarassovi	Tarassovi	Perepelicin
6	Hebdomadis	Cabura	Cabura
7	Sejroe <sup>a</sup>	Polonica wolffi <sup>a</sup>	493 Poland 3705 <sup>a</sup>
8	Javanica	Poi	Poi
9	Autumnalis	Autumnalis	Akijami A
10	Australis	Bratislava	Jez Bratislava
11	Bataviae	Djatzi	HS-26
12	Ballum	Ballum	Muz-127
13	Pyrogenes	Pyrogenes	Salinen
14	Cynopteri	Cynopteri	Vleermuis 3868

<sup>a</sup>Serovar *Polonica wolffi* of *Sejroe* serogroup was not available in the diagnostic kit of *Leptospira* strains of Especially Dangerous Infection laboratory during the study period.

On average, 100–120 surveys by workers of the EDI laboratory bio group and SSES territorial institutions were organized annually. During a survey transect, 80–100 traps were set approximately every 5 meters. Traps were checked, animals collected, and the traps were reset one to two times, over night, per survey. Throughout a year, 1500–1800 trap-days were expended. Historically, epizootological surveys were conducted in each district (=rayon) twice a year—in spring and during summer-autumn period (June–October). The size and number of traps in each biotope depended upon the size of the district and the species of mammals expected to be collected, and were determined by EDI laboratory biologist.

Statistical analysis of the data was performed using Excel software to calculate basic descriptive statistics and differences in rates.

## Results

A total of 420 suspected cases of leptospirosis were identified by the health care surveillance system out of 2079 people presenting for evaluation (20.2%), and 401 of these (95.5%) were confirmed by MAT. Leptospirosis incidence fluctuated widely across years, but there was a general downward trend since the start of the study. Cases were more frequent during the first half of study (2005–2009) ranging from 36 to 51 cases, and peaked in 2010 (77 cases) before declining to 17–29 cases annually (2011–2015) (State Service of Ukraine for Emergency Situations (SSUES) 2016). The incidence ranged from 0.88 to 6.24 per 100 thousand, mirroring changes in the crude numbers. By comparison, the total annual numbers of cases in the entire country of Ukraine ranged from 301 to 679 cases, with an incidence of about one-third that of Zakarpattia oblast (Table 2). The temporal trend in the national incidence rate differed somewhat from that seen with Zakarpattia, with the highest numbers at the beginning of the study, but with a slower rate of decline in later years.

The human case fatality rate (CFR) was evaluated in diagnosed patients throughout the study, with an average CFR of 12.5% in Zakarpattia. There was no overall trend in CFRs, with

the lowest rates in 2009–2010. By comparison, the average national CFR was 9.8%, with less year-to-year variation (Fig. 1).

In most cases (70–100%), the patients showed evidence of infection with only one of six serogroups: Icterohaemorrhagiae, Hebdomadis, Pomona, or Canicola of *Leptospira interrogans*, Grippotyphosa of *Leptospira kirschneri*, or Tarassovi of *Leptospira borgpetersenii*. Other serogroups were identified only sporadically (2007 and 2013–2015). The dominant serogroup changed during monitoring. From 2005 to 2009, Icterohaemorrhagiae predominated among identified human cases. In 2010, this serogroup was abruptly displaced when 31 laboratory-confirmed cases of Grippotyphosa (from 76 cases) were identified. Grippotyphosa had not been previously reported in humans from the region, but it remained the predominant serogroup for 4 subsequent years. During the last 2 years of study, the diversity of serogroups increased with nearly equal occurrence of Tarassovi, Icterohaemorrhagiae and Pomona. During this time, several serogroups that had previously been rarely encountered (Autumnalis, Ballum, Javanica, and Cynopteri) became more commonly reported in humans (accounting for 26.5% of cases; Fig. 2a).

Previous experience has shown that small mammals were leading sources of leptospirosis (Badra 2008, Żmudzki et al. 2016). A total of 2820 small mammals were collected and tested by MAT (Table 3). The preponderance (84.5%) of individuals captured belonged to four species: *Apodemus agrarius*, *Rattus norvegicus*, *Mus musculus*, and *Apodemus sylvaticus*. The remaining six species (including the single individual of the European mole, *Talpa europaea*) were less commonly sampled.

Antibodies to *Leptospira* spp. were detected in 276 animals by MAT (9.79% ± 0.56%). Samples were collected from 10 species with a preponderance of *A. agrarius*, *R. norvegicus*, and *M. musculus* (75.71%). Among the examined small mammals, the carriers of pathogenic *Leptospira* spp. were animals from natural habitats (*A. agrarius*, *Apodemus flavicollis*, *Sorex araneus*, *A. sylvaticus*, *Myodes glareolus*, *Microtus arvalis*, and *Dryomys nitedula*) as well as synanthropic small mammals (*R. norvegicus* and *M. musculus*). Generally,

TABLE 2. ANNUAL INCIDENCE OF LEPTOSPIROSIS IN ZAKARPATTIA OBLAST (2005–2015) COMPARED WITH NATIONAL STATISTICS

Years	No. of people diagnosed Ukraine	Morbidity per 100,000 people in Ukraine	No. of people with MAT-positive results/clinical dx of leptospirosis in Oblast	No. of people studied in Oblast	Rate per 100,000 population in Oblast
2005	679	1.40	49/51	274	4.1
2006	490	1.04	49/50	266	4.0
2007	674	1.44	46/49	222	3.9
2008	530	1.10	48/49	221	3.9
2009	442	0.96	33/36	179	2.9
2010	632	1.37	76/77	284	6.24
2011	310	0.68	22/23	154	1.85
2012	317	0.70	28/29	135	2.12
2013	358	0.79	16/17	119	1.38
2014	474	1.04	26/28	124	2.23
2015	301	0.70	8/11	101	0.88
Total number	5207	Average rate 1.02	401/420	2079	Average rate 3.05

MAT, microscopic agglutination test.

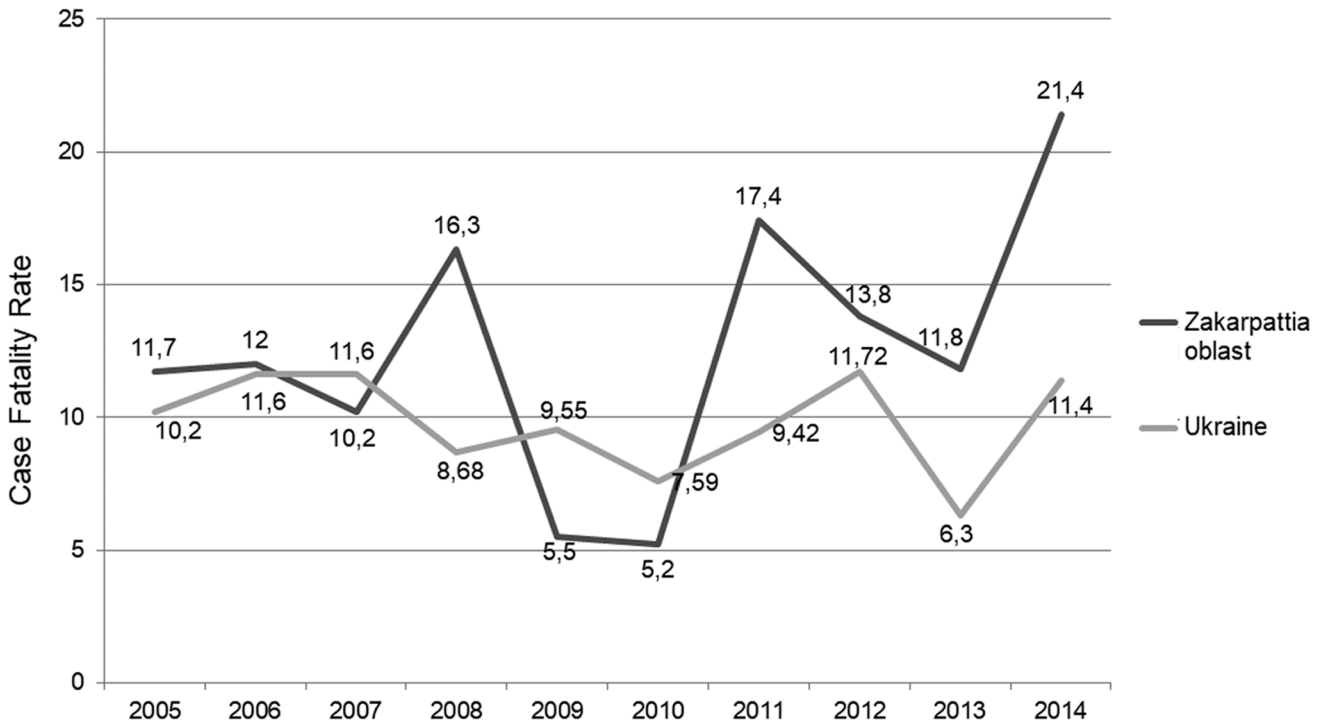


FIG. 1. Case-fatality rates during the study period among patients with leptospirosis in Zakarpattia and nationally.

when a species of small mammal was well represented in the collections (>50 animals), the prevalence of infected animals tended around 10–15%, with the exception of *M. musculus* where the prevalence was about half that level (Table 4). There was a significant difference in the proportion of positive animals by species ( $\chi^2 = 39.26$ ;  $p < 0.001$ ). The “excess” of positive *A. agrarius* and the dearth of positive *M. musculus* accounted for more than 80% of the deviation from independence of infection among species. Despite this, evidence for infection in *multiple species* was common.

Most of the serogroups identified in small mammals included Icterohaemorrhagiae, Pomona, and Grippotyphosa of *Leptospira* spp. During the study period, changes in the dominant serogroups were observed among the small mammals, as much as was observed in humans. However, the changes in small mammal serogroups did not mirror the changes seen in humans across years. Thus, for the period from 2005 to 2009, the dominant serogroups in rodents were Icterohaemorrhagiae (44.6%) and Pomona (34.4%). From 2010 to 2012, Pomona became dominant (50.9% of positives). From 2013 to 2015, Grippotyphosa became the dominant serogroup (53.2% of all positives). Moreover, during this period, rarely encountered serogroups (Australis, Ballum, Bataviae, and Autumnalis) were identified in 17 cases (27.42%) (Fig. 2b).

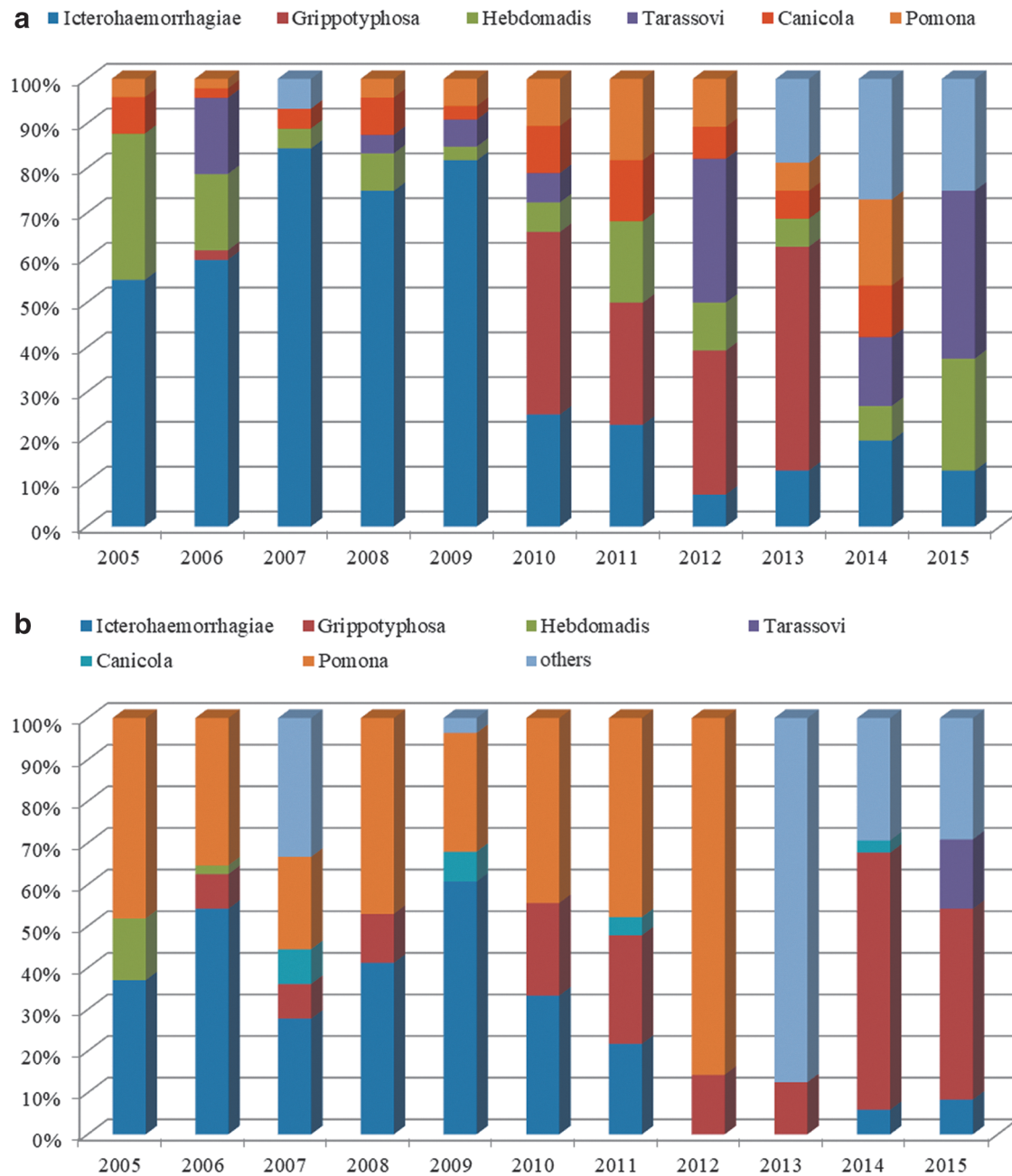
While serogroups Icterohaemorrhagiae, Hebdomadis, Pomona, Canicola, Grippotyphosa, Autumnalis, Ballum, and Tarassovi of *Leptospira* spp. were reported in humans cases and studied rodents, the prevalence differed between the two groups within years (Fig. 2a, b). Thus, small mammals remain to be the main source of pathogenic *Leptospira* spp. for humans, but additional factor(s) are associated with the likelihood of transmission to the humans on a yearly basis.

## Discussion

Leptospirosis is an infectious disease of global importance, which occurs both in urban regions of industrialized and developing countries, as well as in rural regions. Importation of leptospirosis is possible due to expanding international connections, tourism, and recreation (Bharti et al. 2003, Pappas et al. 2008).

Nearly the entire territory of Ukraine is enzootic for leptospirosis. Since 2008, a decreasing morbidity trend has been reported. Overall, the national-level mean incidence was 1.02 per 100,000 population. However, the incidence generally declined from 2005 to 2015, from 1.44 per 100,000 population (674 cases) in 2007 to 0.68 per 100,000 population (310 cases) in 2011. During the same time, leptospirosis morbidity in European countries typically was lower than in Ukraine (Pappas et al. 2008).

Zakarpattia oblast shares borders with Romania, Hungary, Poland, and Slovakia in the West, and with Ivano-Frankivsk and L'viv oblasts of Ukraine in the East. Zakarpattia is a territory with moderate continental climate, with sufficient and excessive moisture, moderately hot summers, and mild winters (Pop 2011). There are geographical, landscape, zoological, and parasitological conditions that influence various natural focal diseases, including leptospirosis. The human population density in the oblast is above the average for the country, and a large proportion of the population (63%) lives in rural areas. High leptospirosis incidence is often reported in regions with high proportions of surface fresh water (Wasiński et al. 2013). The river system in Zakarpattia is the densest in Ukraine (1.7 km/km<sup>2</sup>), which is influenced by high humidity and mountain relief. Increasing water levels in spring and early summer, and recurrent flooding



**FIG. 2.** (a) Proportion of *Leptospira* serogroups in humans positive by MAT from 2005 to 2015. (b) Proportion of *Leptospira* serogroups in small mammals positive by MAT from 2005 to 2015. MAT, microscopic agglutination test.

are typical for Zakarpattia, which can have disastrous impacts (Markovych 2010). In 2010, for example, flooding caused by prolonged heavy rain in June–July inundated villages in lowland rayons of Zakarpattia. During this period, leptospirosis incidence peaked (Table 2).

Flooding is one of the aspects of climate change that may lead to increased morbidity of infectious diseases, including leptospirosis. Higher leptospirosis morbidity after floods also was reported in the Czech Republic, and in Poland after the floods in 1997–2002 (Desai et al. 2009; Wasinski et al. 2013). Although in temperate climatic zones, leptospires survive in the environment for a much shorter time than in tropical countries, increased floods may drive the reemergence of disease.

During the study period, 420 leptospirosis cases were recorded in the oblast, and the incidence was three times higher than the average incidence for Ukraine (Table 2). The case-fatality rate in the oblast also was elevated compared to national statistics (Fig. 1). The predominant serogroups in humans were Icterohaemorrhagiae, Hebdomadis, and Grippityphosa of *Leptospira* spp. with a shift in the predominant serogroups during the study (Fig. 2a).

The most important natural sources of infection are various small rodent species. Studies conducted in Croatia showed that 7.0% to 29.9% of small rodents carried *Leptospira* (Majetić et al. 2014). In the Czech Republic, serological studies of 4634 samples from wild mammals found 12%

TABLE 3. RESULTS OF EPIZOOTIOLOGICAL STUDY OF ZAKARPATIA OBLAST IN 2005–2015

Species	Apodemus agrarius		Rattus norvegicus		Apodemus flavicollis		Sorex araneus		Apodemus sylvaticus		Myodes glareolus		Microtus arvalis		Mus musculus		Dryomys nitedula		Talpa europaea	
	Positive test no.	Number studied	Positive test no.	Number studied	Positive test no.	Number studied	Positive test no.	Number studied	Positive test no.	Number studied	Positive test no.	Number studied	Positive test no.	Number studied	Positive test no.	Number studied	Positive test no.	Number studied	Positive test no.	Number studied
2005	7	89 Pom.	10	157 Ict.	5	27 Hebd.	0	7	1	15 Ict.	0	8	4	68 Pom.	0	145	0	0	0	0
2006	17	82 Pom.	25	145 Ict.	0	0	0	0	0	17	0	4	6	32 Pom.	0	105	0	0	0	0
2007	15	164 Pom.	10	126 Ict.	2	20 Gripp.	1	8 Pom.	3	36 Ict., Pom., Pyr.	1	9 Austr.	3	44 Pyr.	1	97 Ball.	0	0	0	0
2008	4	80 Pom.	4	86 Ict.	0	6	0	18	4	68 Pom., Gripp.	0	6	0	9	5	27 Ict.	0	0	0	0
2009	11	80 Pom.	15	54 Ict.	0	9	1	13 Can.	0	34	0	0	0	9	2	47 Can., Gripp.	0	2	0	0
2010	13	69 Pom.	9	87 Ict.	0	9	0	7	0	38	0	0	0	9	5	42 Gripp.	0	0	0	0
2011	14	72 Pom.	4	34 Gripp.	0	30	0	6	3	12 Ict., Pom., Gripp.	1	5 Gripp.	0	6	1	42 Gripp.	0	0	0	1
2012	1	7 Gripp.	3	10 Pom.	0	0	0	0	3	3 Pom., Gripp.	0	0	0	6	0	2	0	0	0	0
2013	0	21	1	10 Gripp.	0	0	0	7	3	14 Mixed (Pom. +Tar.)	0	0	0	8	0	46	0	0	0	0
2014	16	31 Gripp.	0	4	4	10 Gripp.	2	6 Can., Bat.	2	3 Gripp., Austr.	0	0	2	7 Gripp., Bat.	8	10 Gripp.	0	0	0	0
2015	6	29 Gripp.	0	3	0	6	4	14 Gripp.	1	9 Gripp.	0	0	0	0	13	132 Gripp.	0	0	0	0
Total	104	724 Pom.	81	716 Ict.	11	117 Gripp.	8	86 Gripp., Can.	20	249 Pom., Gripp.	2	32 Austr., Gripp.	15	198 Pom.	35	695 Gripp.	0	2	0	1

Annual numbers of individual small mammal species, from ten species sampled, with positive result by MAT.

TABLE 4. SUMMARY OF PREVALENCE RESULTS FOR SEROLOGIC STUDIES OF RODENTS FOR 2005–2015

Species	Apodemus agrarius	Rattus norvegicus	Apodemus flavicollis	Sorex araneus	Apodemus sylvaticus	Microtus arvalis	Myodes glareolus	Mus musculus
Total no. of studied rodents	724	716	117	86	249	198	32	695
Positive test no.	104	81	11	8	20	15	2	35
Percentage of positive tests	14.36 ± 1.3	11.31 ± 1.18	9.40 ± 2.7	9.30 ± 3.13	8.03 ± 1.72	7.58 ± 1.88	6.25 ± 4.28	5.04 ± 0.83

There is a statistically significant association ( $\chi^2=39.26$ ;  $p<0.001$ ) between small mammal species and the likelihood of positive Microscopic Agglutination Test results.

positive, and of these, 99% had antibodies against serovars belonging to Grippytyphosa serogroup. This serogroup is maintained within various small rodent species in Europe, including common voles (*Microtus arvalis*), muskrat (*On-datra zibethicus*), European hamster (*Cricetus cricetus*), wood mouse (*A. sylvaticus*), and the yellow-necked mouse (*A. flavicollis*) (Żmudzki et al. 2016).

Studies in Switzerland on the prevalence of *Leptospira* infections in urban populations of rodents showed, depending on the species, 10–20% positive results (Adler et al. 2002). In Germany, a study on *Rattus* from 16 urban regions revealed 19% of kidney samples contained DNA of *Leptospira* spp. (Mayer-Scholl et al. 2012). Serological surveys of rats trapped in Wrocław, Silesia (Poland), found antibodies to serovars Icterohaemorrhagiae, Canicola, Hebdomadis, and Sejroe (Winiewicz et al. 2001).

The Zakarpattia fauna contains ~80 species of mammals and more than 45% of mammals are rodents. Small rodent populations have sharp seasonal increases and declines. In the spring, their number is not large; while population peaks in the autumn (Pop 2011). Among tested rodent species, *A. agrarius*, *R. norvegicus*, and *M. musculus* were most common (75.7% of all captures). Positive results were found both in the natural areas and among synanthropic rodents. During the study period, the predominant serogroups changed (Fig. 2b). According to researchers, recurrent change of the dominant *Leptospira* serogroup has been recognized. For example, the predominant serogroups in cattle from the Leningrad oblast of Russia during 1968–2006 and changes of *Leptospira* serogroup etiological structure in cattle and pigs herds have been described in Khabarovkyi Krai in Russia (Sidelnikov 2006, Badra 2008). The factors that drive these changes remain to be further studied. However, the change of infection pattern in the small community of mammals may alter risk of different serogroups on neighboring human population.

## Conclusions

The numbers of patients with leptospirosis in Zakarpattia oblast of Ukraine decreased more than fivefold during the past decade. *Leptospira* infections in small mammals were common across multiple species ranging from 5% to 14% in eight species with sufficiently sampled individuals. Antibodies of serogroups of *Leptospira* spp. detected in patients matched those of studied rodents, but differed in proportions of occurrence. This suggests that, while the small mammals

were likely sources of infection, the contact with various species may impact the exposure in this endemic region. Thus, changes in the patterns of infection in the small mammal community might drive changes in the exposure risk to different serogroups in adjacent human populations.

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