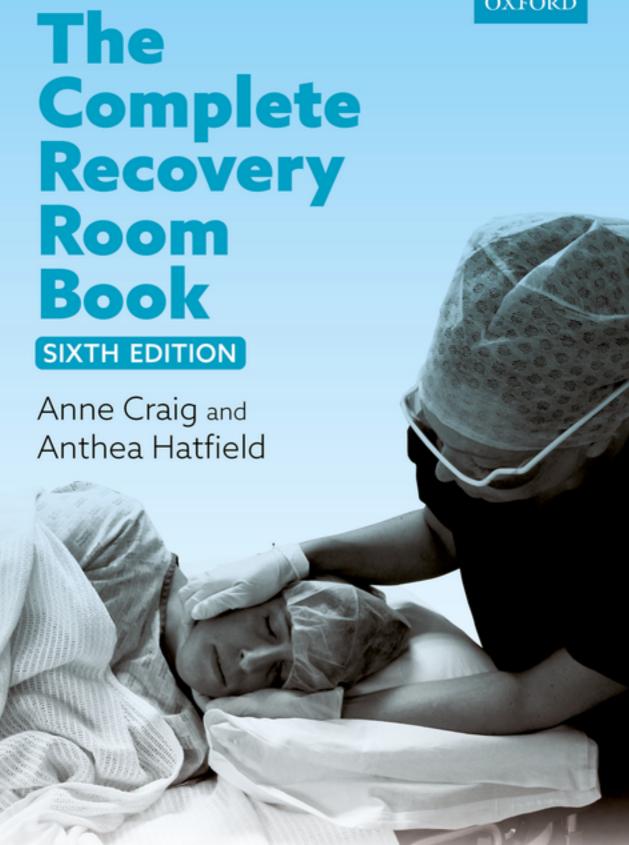
OXFORD



The Complete Recovery Room Book

The Complete Recovery Room Book

SIXTH EDITION

Anne Craig

An a esthetist

Auckland City Hospital and Greenlane Surgical Unit

Auckland

New Zealand

Anthea Hatfield

Anaesthetist

New Zealand





Great Clarendon Street, Oxford, OX2 6DP, United Kingdom

Oxford University Press is a department of the University of Oxford.

It furthers the University's objective of excellence in research, scholarship, and education by publishing worldwide. Oxford is a registered trade mark of Oxford University Press in the UK and in certain other countries

© Oxford University Press 2021

The moral rights of the authors have been asserted

First edition published in 1992 Second edition published in 1996 Third edition published in 2001 Fourth edition published in 2009 Fifth edition published in 2014 Sixth edition published in 2021

Impression: 1

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, without the prior permission in writing of Oxford University Press, or as expressly permitted by law, by licence or under terms agreed with the appropriate reprographics rights organization. Enquiries concerning reproduction outside the scope of the above should be sent to the Rights Department, Oxford University Press, at the address above

You must not circulate this work in any other form and you must impose this same condition on any acquirer

Published in the United States of America by Oxford University Press 198 Madison Avenue, New York, NY 10016, United States of America

British Library Cataloguing in Publication Data

Data available

Library of Congress Control Number: 2020934895

ISBN 978-0-19-884684-0

Printed in Great Britain by Bell & Bain Ltd., Glasgow

Oxford University Press makes no representation, express or implied, that the drug dosages in this book are correct. Readers must therefore always check the product information and clinical procedures with the most up-to-date published product information and data sheets provided by the manufacturers and the most recent codes of conduct and safety regulations. The authors and the publishers do not accept responsibility or legal liability for any errors in the text or for the misuse or misapplication of material in this work. Except where otherwise stated, drug dosages and recommendations are for the non-pregnant adult who is not breast-feeding

Links to third party websites are provided by Oxford in good faith and for information only. Oxford disclaims any responsibility for the materials contained in any third party website referenced in this work.

Dedication

This edition is dedicated to Dr Sereima Bale. Sereima has been 'Head of Training' in Fiji since 1988. She has sent many young doctors and nurses out to the scattered Pacific Islands where they do an amazing job looking after patients during and after anaesthesia. All of them attribute their skill and achievements to Dr Bale.

Fifth Edition Dedicated To Michael Tronson, the co-author of all the previous editions. One of the most imaginative and insightful doctors who ever practised anaesthesia.

Fourth Edition Dedicated To The anaesthetists, surgeons and nurses of Box Hill Hospital Melbourne.

Third Edition Dedicated To The staff of St Vincent's Hospital, Melbourne.

Second Edition Dedicated To
Staff working in isolated environments especially in the hospitals
of the South West Pacific.

First Edition Dedicated To Pamela Deighton, Palega Vaeau and Grant Scarf—the first recovery room team to visit Samoa.

Contents

```
Foreword ix
   Preface xi
   Acknowledgements xiii
   20 Golden Rules xv
 1 Recovery room routines 1
 2 Recovery room procedures 25
 3 Design of the recovery room 39
 4 Monitoring and equipment 59
 5 Pain 77
 6 Postoperative pain 85
 7 Analgesics 97
 8 Postoperative nausea and vomiting 125
 9 Regional analgesia 139
10 Special problems 155
11 Pharmacology 179
12 Mothers and babies 191
13 Paediatrics 205
14 The elderly patient 231
15 Respiratory physiology 239
16 The respiratory system 249
17 Cardiovascular physiology 273
18 Cardiovascular disease 283
19 Cardiopulmonary resuscitation 317
20 Shock 323
21 Crisis management 327
22 The kidney 339
23 Fluid balance 353
24 Metabolism 363
25 Chronic disorders 387
26 The bleeding patient 403
```

```
27 Surgical issues 429
28 Infection control 455
29 Working with people 471
30 Working with facts 491
   Appendix 1 Trolley set-ups 499
   Appendix 2 Infusions 505
   Appendix 3 Useful data 509
   Glossary 525
   Abbreviations 559
   Index 567
```