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CLINICAL AND NOSOLOGICAL STRUCTURE OF GENERALIZED PERIODONTAL TISSUE DISEASES IN PATIENTS WITH DISORDERS OF EATING BEHAVIOR

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Abstract

Background. Signs of a harmonious person are a well-being and a healthy lifestyle, the most important factor of which is nutrition. Proper nutrition ensures full functioning of the person, and improper - leads to excessive or extremely insignificant weight, deterioration of the health status and the development of various diseases, in particular, generalized diseases of periodontal tissues (GDPT). The multifaceted behavioral, physiological and medical problems of modern science are disorders and disturbance of eating behavior. In modern society, there is a high level of people with overweight or insufficient body weight. Recently, there is a tendency to increase the number of people with overweight or insufficient body weight.

The purpose - to study the structure of generalized diseases of periodontal tissues in patients with disorders of eating behavior.

Materials and methods. We examined 29 patients with eating disorders aged 16-37, including 19 women and 10 men (the main group). The control group was provided by 30 people of similar age and gender distribution without eating disorders and diseases of internal organs and systems that had an adequate and balanced diet.

Standard clinical and radiological methods are used to assess dental status.

Results. It was found that all patients in the main group had generalized diseases of the periodontal tissues. In $79.31\pm0.8\%$ of patients, chronic catarrhal gingivitis with a sluggish course and a rare exacerbation of the pathological process in soft tissues of periodontal disease was diagnosed. In $20.69\pm1.5\%$ of patients with disorders of eating behavior, generalized periodontitis of the primary - I degree, chronic course is diagnosed. All patients in the main group had an unsatisfactory level of oral hygiene, which was 3.2-4.5 points for Yu.A.Fedorovoy – Volodkinoy index and 2.0-3.7 points for the simplified Green-Vermillion index.

Conclusions. It is established that generalized diseases of periodontal tissues are diagnosed in all patients with disorders of eating behavior on the background of unsatisfactory state of oral hygiene. Generalized diseases of periodontal tissues in $79.31\pm0.8\%$ of patients with disorders of eating behavior are represented mainly by the sluggish course of chronic catarrhal gingivitis, and $20.69\pm1.5\%$ of patients had generalized periodontitis of the primary - I degree, chronic course.

The high frequency and features of the manifestation of generalized periodontal disease in patients with eating disorders require the inclusion of this contingent of patients in a group of high risk, followed by the development of an algorithm for the treatment of generalized periodontal tissue diseases, taking into account the peculiarities of their general status.