

RANGE OF MEDICINES FOR HERPES TREATMENT

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Herpes is one of the most common diseases in the world. It can be very painful and affect the quality of life of patients. Most people suffer from herpes outbreaks throughout their lives. It is impossible to cure it, only to reduce the discomfort of its manifestations.

The symptoms of herpes can depend on the type of virus, the form of the disease, and the state of the patient's immune system. Herpes can appear in many different forms and places on the body. Common symptoms of herpes include:

- Formation of blisters that are filled with fluid.
- The appearance of ulcers after the blisters burst, which may be red or white and wet or dry.
- Pain and itching at the ulcer sites.
- Heartburn and discomfort.
- Sensitivity to touch in the area of herpes.
- Fever, headache, general weakness.

Herpes is a viral disease that is very common in different countries, including Ukraine. It mostly affects people aged 20-30 to 40-50 years. The frequency of herpes outbreaks per year has also been studied - it occurs from 1-4 times to 9-12 times. Absolutely anyone can get herpes, and a person may not even realise that he or she is already infected, because sometimes this virus does not manifest itself at all.

The statistics of herpes cases in the world are very high. For example, a study was conducted in Europe to determine the percentage of herpes cases among men and women. As it turned out, 69 per cent of all women and 61 per cent of all men had cases of herpes. After the first infection, 33 per cent of people develop repeated cases of herpes.

Your pharmacist or doctor may recommend a cream or ointment for topical use. You can also wipe the rash with special solutions. If the disease is very severe, you can start taking pills that affect the whole body. Usually, herpes symptoms disappear completely within one to two weeks. Doctors also recommend eating more foods rich in vitamins A, C, E and zinc; including more dairy products, fish, eggs, legumes, avocados and dried apricots in your diet; and limiting the consumption of wheat flour and chocolate.

It can be concluded that herpes treatment is a hot topic today and requires additional research and dissemination of information to the public on preventive measures to reduce the spread of the infection.

The main requirement for herpes treatment products is a combination of components that would provide an optimal therapeutic effect. The components of the medicinal product should have the following effects: antiviral, immunomodulatory, anti-inflammatory, antimicrobial, ability to stimulate skin regeneration, reduce itching and pain. Since this disease is very common and occurs quite often in a large number of people, it is advisable to study the current range of herpes medicines on the Ukrainian pharmaceutical market.