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імені О. О. Богомольця

НАУКОВО-ПРАКТИЧНЕ ВИДАННЯ

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## PSYCHOLOGY ПСИХОЛОГІЯ

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### INDIVIDUAL PERSONAL CHARACTERISTICS' INFLUENCE ON A PERSON'S CAREER CHOICE IN A MEDICAL PSYCHOLOGY FIELD.

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**Introduction:** A successful career choice is vital for your confidence, happiness and understanding your value in the society. It is worth noting that the process of choosing a future profession is quite complex and is influenced by various factors. In regards to this, a problem of connection between individual personality traits and professional capability is important. Solving it means determining which tendencies, abilities and other individual psychological qualities a person possesses, which activity would bring them most feeling of harmony, and prognosing a degree to which individual psychological qualities influence their identity as a professional.

Importance of certain professions is rising due to scientific progress and the growing complexity of the world. One of such professions is a medical psychologist. Nowadays, with social processes becoming more dynamic, difficult situations in relationships, families, and communities arise frequently. Because of social deprivation, the meaning of psychological knowledge and its practical use is enhanced. Considering the importance of psychology as a profession, we have taken interest in finding out which individual personality traits are prevalent in medical psychology students. Therefore, the goal of our research is to determine the variety of personality and character traits among students whose future job will be medical psychologist.

**Materials and methods:** Szondi projective personality test with portrait choices. The research was carried out in October, 2022 among students of the 1st year of the Medical psychology faculty of the National Medical University named after O.O. Bogomolets. In the research, 26 students participated.

**Results:** In the course of the research we determined percentage of each factor among 26 people. The following factors were most common: h- (36.4%); e+ (22.7%); s- (13.6%)

Characteristics of factors

Factor h

Personal characteristics. The main need is affiliative. h+ realizes this need by attachment to specific people, h- by attachment to society, humanity in general.

Career choices. h+ - service sphere, possibly creative professions. h- - medicine, social activity.

Social activity. Altruists who gravitate to missionary activity.

Factor s

Personal characteristics: with s+: activity, aggressiveness. With s-: caution, trying to avoid failure.

Career choices. With s+: pilot, machinist, pathologist, military commander. With s-: doctor, hairdresser, educator, clerk, scientist.

Social activity. At s+: in the field of urbanization and industry. With s-: in the field of culture and humanitarian activities.

Factor e

Personal characteristics. With e+: altruism, changing type of perception. At e-: tenacity, rationality.

Career choices. With e+: clergyman, missionary, lawyer. With e-, driver, pilot, fireman, athlete.

Social activity. At e+: socially useful activity in the field of moral ethics. At e-: opposition of one's attitudes to ethical and moral foundations.

Factor hy

Personal characteristics. Altruism, desire for recognition, avoidance of failure. With hy+, demonstrativeness is expressed, with hy-, restraint prevails.

Career choices. hy+ - actor, journalist, public figure. With hy - religion, missionary work.

Social activity. Participation in public movements, service to the people.

Factor k

Personal characteristics: with k+: rational, logical type. At k-: pronounced "super-ego".

Choice of profession: at k+: mathematician, accountant, engineer, economist. At k-: teacher, philologist, philosopher, scientist.

Social activity. For k- everything related to art, logic, and for k+ - with economics, mathematics, physics.

Factor p

Personal characteristics. With p+: extroversion, activity. When p-: avoidance of failure.

Career choices. With p+: administrator, manager, entrepreneur, geologist, psychotherapist, psychologist, writer, journalist. At r-: engineer, musician, artist, sculptor.

Social activity. At p+: political and administrative activity. At p-: research and truth-seeking activity.

Factor d

Personal characteristics. With d+: extroversion, optimism. With d-: introversion.

Career choices. With d+: entrepreneur, journalist, satirist. With d-: literary critic, therapist, economist.

Social activity. With d+: in the field of business, public and administrative activities. With d-: in the field of spiritual values, in the field of large-scale financial transactions.

**Conclusions:** As mentioned earlier, we conducted anonymous testing among 2 groups of students. We also plotted the sample factors.

The analysis of the test results showed that among the two groups of students of the Faculty of Medicine and Psychology, factors h+, e+, s- prevailed, which correspond to the inclination to humanities, developed compassion, the ability to cooperate, the desire for compromise and loyalty to ethical and moral values.

It can be assumed that the qualities described above are related to the choice of specialty, because they are important for a psychologist. The presence of other factors among the interviewees gives reason to think that the choice of a profession may be due to other reasons besides personal inclination.

**Keywords:** the profession of a psychologist, individual psychological characteristics, professional suitability, humanistic values.