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## TOPICAL ISSUES OF THE DEVELOPMENT OF MODERN SCIENCE

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#### PLANT RAW MATERIAL FOR TREATMENT OF HYPERTENSION

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**Abstract.** The availability of objective information plays a key role in rational pharmacotherapy when choosing the best evidence-based treatment options. Often, the results of randomized clinical trials are not sufficient to draw a definitive conclusion about the place of drugs in clinical practice.

**Keywords:** hypertension, treatment, plant raw material.

The high turnover of plant-derived drugs is due to a number of reasons, the main of which are the etiopathogenetic action of herbal remedies, the individual approach to the patient, the possibility of long-term admission, the high degree of safety with sufficient efficiency, as well as the relative cheapness and availability. Undoubtedly, herbal remedies may not completely replace the therapy of synthetic drugs, but may find effective treatment. An increase in the consumption of medicinal herbs and fees is also observed in the markets of European countries.

In recent years, a fundamentally new approach to the treatment of cardiopathology has been actively developing, which consists in the combined use of traditional synthetic drugs and plant-derived drugs, since the plant-derived drugs are in most cases compatible with synthetic drugs, which leads to synergism of their action. The effectiveness of the treatment of hypertension with the help of plant-derived drugs is due to the softness, prolonged action, the absence of many side effects, which are indispensable companions to the reception of synthetic drugs. Interest in the treatment of these drugs is also caused by changes in the age structure of the

population: the increase in the elderly and the elderly suffering from hypertension, which require long-term use of drugs, and the risk of unwanted side effects should be minimal. It is believed that the complex of biologically active substances formed in a living plant cell has a greater resemblance to the human body than the pure substance is isolated, so the plant-derived drugs is more easily assimilated and produces fewer side effects. It should be noted that medicinal herbal raw materials are the cheapest and most affordable source of medication.

Therefore, the cost of therapy increases, the patient as a whole needs to know how justified the costs of treatment with a particular drug and how reasonable are the costs of the additional benefits of more expensive drugs. In this regard, there has been increasing interest in the problems of economic evaluation of the effectiveness of the treatment of various hypertension.

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